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Veteran U.S. Army Paratrooper

Former Police Officer

Current Felony Prosecutor

with the Denton County DA's Office 22 years of Protecting Denton Families

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METRO A2



What to do About Leaves and Acorns

HEALTHY LIFESTYLES A3



Healthy Changes for a Healthy New Year!

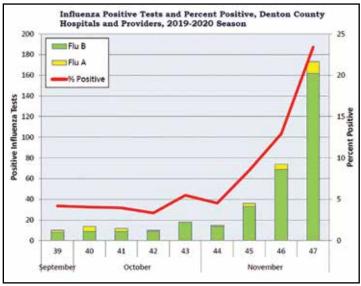
HOME & GARDEN



Transporting Hay in Texas

EDUCATION A5

Denton County Public Health Urges Residents to Get Flu Vaccination Soon way to protect yourself and



DENTON COUNTY, TX - Denton County Public quick rise of flu cases within Health (DCPH) is recognizing North Texas can be used as National Influenza Vaccination a motivator towards protection for Denton County resi-Week (NIVW) by urging community members to get their flu dents," stated County Judge vaccine to protect themselves Andy Eads. "Getting vacciand others this week. DCPH nated is a community effort, conducts flu surveillance in and vaccinating now can help Denton County and has al- protect your children, family, ready noted increases in cases and friends throughout the locally this flu season. NIVW holiday season." serves as an annual reminder that even though flu season has three-pronged approach to arrived, it is still not too late to fighting the flu: get a flu vaccine.

DCPH recommends

"We hope the early and

1. Get vaccinated. The best

your family from the flu is to get an annual flu shot, and the flu vaccination every year is recommended for everyone 6 months and older. It takes about two weeks for the flu shot to be fully effective, so plan ahead and get your flu shot today.

2. Remember that antiviral medications are a secondline defense against the flu. If you are experiencing fever, runny or stuffy nose, sore throat, cough, muscle aches and headaches, visit your doctor immediately, and take antivirals if prescribed. These remedies can help you recover quicker, and can potentially prevent you from being hospitalized with flu complications.

3. Take everyday preventive actions to help stop the spread of germs. Cover your people experiencing symptoms, stay home when you feel sick and wash your These steps hands often.

Continued on A3

From the Desk of Hough Coleman



Aubrey FFA Senior Quiz Team Placed Second

COMMUNITY A6



Association Holds Fundraiser to Pay Off School

TX - Updated abatement possible boon for policy county

The Dallas-Fort Worth area, which includes Denton County, continues to attract companies large and small. DFW has the third highest number of Fortune 500 headquarters in the U.S., behind New York City and Chicago. With no state income tax,

I a lower cost of living and a growth we are seeing across low county property tax rate, the county and, in particula we have positioned Denton along the 380 Corridor, the County to be a key player in Denton County Commisattracting these companies.

North America relocated abatement policy to potenits headquarters from Cali- tially offer incentives for fornia to Denton County, smaller companies to move bringing 3,000 jobs. Re- into our region. Prior to cently, Charles Schwab an- the changes, a company headquarters to its campus jobs with an investment in southern Denton County. in excess of \$10 million

In light of the fast-paced \$1 million.

sioners Court in December In 2017, Toyota Motor approved an updated tax nounced it would move its had to offer more than 500 In October, PGA of Amer- to be considered for a tax ica officially broke ground on abatement. Under the new its new headquarters near U.S. policy, a company could be 380 and the Dallas North eligible for an abatement if Tollway where the 600-acre it is adding 10 jobs with an project will open in mid-2022. investment minimum of

Denton Enterprise Airport Opens Second Runway

West Parallel Runway to Improve Safety and Efficiency at 8th Busiest Airport in Texas

Amy Cunningham



Denton City Council, City officials, and special guests larger corporate aircraft. celebrated the opening of the Denton Enterprise Airport's significant (DTO) newly constructed ment that will increase our second runway at a ribbon- overall operational capacity cutting ceremony on Tuesday, into the foreseeable future, Dec. 17.

The new runway, which is

5,002 feet in length and 75 feet wide, will handle smaller training aircraft and mid-size aircraft. Along with the Airport's existing 7,002-foot by 150-foot primary runway, the second runway will significantly **DENTON, TX** - The enhance safety by separating smaller planes from

"The new runway is a accomplishas well as enhance our effi-

Continued on A6

Veterans Coalition Donates \$3K to Remove Barriers to **End Homelessness**

cough and sneeze, avoid Donation doubled by City of Denton match grant to the Denton County



(Denton County Veterans Coalition Board Member Raymond Holder presents United Way of Denton County CEO Gary Henderson with \$3,000 check to Denton County Barriers Fund.)

DENTON, TX - The Den- City of Denton issued in Octon County Veterans Coalition tober. (DCVC) presented United Way of Denton County (UWDC) Denton County Homelessness with a \$3,000 check for the Den- Leadership Team with directon County Homelessness Barri- tion from UWDC, the Homeers Fund to join the collaborative lessness Barriers Fund is an ineffort to make homelessness rare,

brief and nonrecurring for everyone in the Denton County community.

'We have appreciated our partnership with United Way of Denton County and what you do, not only for Veterans to combat veteran homelessness. but non-veteran homelessness as well," said DCVC Board member Raymond Holder. "On behalf of our President Chris Martin and every member of the board, we would like to present to United Way a check for the Barriers Fund in the amount of \$3,000."

The DCVC donation was instantly doubled thanks to a \$40,000 challenge grant the

Launched in 2018 by the

Denton County 4-H Youth Learn Life Skills at Local Food Challenge Contest





DENTON COUNTY, TX – Denton County 4-H

December 7th. The 66 Park in Dallas, TX.

Members recently com- participants competed on peted in a local Food Chal- 18 teams. From those 18 lenge contest that helps teams, four 4-H Junior students learn multiple Teams, four 4-H Intermelife skills while participat- diate Teams, and two 4-H ing. The Denton County Senior Teams advanced Food Challenge was held to the District 4-H conat the Lake Dallas Middle test which will be held on School Cafeteria Saturday, March 27, 2020 at Fair

Continued on A5

Town Council and Prosper ISD Agree on Fishtrap Work

Interlocal agreement sets stage for widening and improvements

PROSPER, TX- An agree- construction, called an interloment has been reached between cal agreement, involves widenthe Town of Prosper and the ing and improving a portion Prosper Independent School of Fishtrap Road from Teel District to jointly widen and Parkway westward to a point improve a critical portion of just passed Stuber Elemen-Fishtrap Road on the Town's tary. Specifically, the proposed

The joint arrangement for the

improvements are divided

Continued on A7







METRO



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publication deadline advertising, editorial submissions, guest editorials, and letters to the editor is the 20th day of the preceding month for each issue. Letters to the editor must be 400 words or less and include a name, address, and phone number (only name Content may be submitted via email to info@380news.com.

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What to do About Leaves and Acorns

Janet Laminack



are having a bumper crop of eat those critters. acorns this year. Nature likes to keep us on our toes: have of acorns, we have our usual you noticed how some years amount of leaf drop. Drivwe seem to be overrun with ing around neighborhoods, I armyworms, crickets, grass- notice that some people seem hoppers, etc., but the next year to find the leaves untidy and they don't bug as at all? Plants offensive. I don't know how like to get into this unpredict- these folks remove every leaf ability action as well. Pecan from their lawn as soon as it trees have long been known as drops. While other people bags for your leaves and yard alternate bearing which means take a more laissez faire atsome years you can make a titude. And then you have the lot of pies and other years the gardeners, scurrying around chocolate chip cookies have like squirrels, grabbing up bags to go pecan-free. This season of leaves from the curb to take it seems that all the oak trees back to their yards. Keeping got together and decided it was the leaves in our landscapes their time for mast-fruiting. improves the fertility, organic Scientists believe this vari- matter content and structure able and coordinated effort is of our soils. My recommendaa process to create "predator tion is to mow your leaves into satiation." In short, the squir- little bits and leave them on rels can't eat all the acorns and your lawn or put them in your therefore more acorns go on to flowerbeds. If the leaves have become oak trees. In a "non-fallen into your flowerbeds, To schedule a leaf pick up, optmast" year, the low produc- your work is done. tion has impacts throughout



It's not just your imagina- gobblers all the way up to cally beneficial options. The tion; the sky is falling. We those predator animals who city of Denton rolled out a

the ecosystem with less food the leaves from the premises, availability for the little acorn you also have some ecologi-vice at 940-349-8700.



new yard waste program Along with the abundance on October 1. For active gardeners, I recommend subscribing to the yard cart service. Leaves, weeds, grass clippings and even raw fruits and vegetables can be tossed into your cart and picked up weekly. If that seems excessive, you can use paper kraft waste for a minimal fee. What about plastic bags? Here are your options: hope that you have a gardener-neighbor that will snatch them all up. Or, schedule a leaf pick-up from the city. All customers can schedule two free leaf pickups per year. Of note is that the plastic bagged leaves will go to the landfill while yard waste in the cart or kraft bag will be used to make Dyno Dirt and other beneficial reuse products. in to the yard waste services or For those that must remove other questions regarding these changes contact customer ser-

Volunteers Needed at The **Denton County Office of History and Culture**

docents, tour guides, traveling www.dentoncounty/chos/. new people and working with county.com or call 940-349-2854.

The Denton County Office others, there are many opporof History and Culture is cur-tunities available. You can find rently looking for volunteers the volunteer application under to participate as museum "Get Involved" on our website: museum presenters, at special more information, e-mail Gretel events and behind the scenes. L'Heureux, Volunteer Coordina-If you enjoy history, meeting tor, at Gretel.L'Heureux@denton-

'From the Desk of Hugh Coleman...' continued from front page

positions - continuing our ment Corporation. mission to make Denton your family.

acre mixed-use project

family residences.

ment Reinvestment Zone for in Denton.

For all of our Precinct the I-35E corridor. Realty Cap-One communities in north- ital has also set up a Chapter ern Denton County, the new 380 Economic Development policy could provide just the Incentive Agreement with right incentive to attract new the City of Corinth and the companies with high paying Corinth Economic Develop-

The project will be designed County the best place to to create a walkable commupursue a career and raise nity with public amenities and entertainment options not cur-*Corinth planning 20-* rently available in Corinth.

Denton County Precinct At the southwest corner of One Commissioner Hugh Corinth Parkway and Inter- Coleman can be reached at state 35E in Corinth, concept (940) 349-2810. The main ofplans call for a mixed-use fice is located at 1175 Union development with restaurants, Hill Road in Sanger. He is hotel and high-end multi- also available by appointment only at the Steven E. Copeland The project, proposed by Government Center at 1400 Irving-based Realty Capital FM 424, Suite 139 in Cross Management, LLC, will Roads or the Denton County be one of the largest early Courthouse-on-the-Square at contributors to the Tax Incre- 110 W. Hickory St., Suite 323

More Children Leaving Foster Care than Entering

Adoptions Break 6,000 Ceiling for First Time

are entering the child welfare will continue. system, as adoptions surged tive Services (CPS).

"Additional combined with a tenacious associate DFPS this year," said Gov- with their families." ernor Greg Abbott. "Texas season. Equally impressive is percent in the last decade. the increase in the number DFPS staff."

More than 20,000 chilincluding more than 6,000 who were adopted, fiscal year 400 children and youth 2019 data shows. More than in Texas found permanent half of the adoptions - 3,095 homes during Texas' busiest - were by relatives, also a new month for adoptions. record for CPS.

figures show more children bered the number entering homes is year-round, and are leaving foster care for care by more than 1,700 chil- with Christmas only a safe, permanent homes than dren, a trend the state hopes few weeks away she hopes

"This is certainly great benefit from the season's past 6,000 for the first time, news, and affirmation that good will. according to Child Protec- our year-round adoption efforts are paying off," said est adoption month, by far, resources Kristene Blackstone, CPS but there is nothing more commissioner. work ethic have led to un- "And in many cases we are precedented success for the reunifying these children

While the number of is better because a record children entering the state's number of children have care has dropped in recent been adopted in 2019 and years, to 18,615 in FY 2019, are experiencing the joy of a the number of adoptions has loving home this Christmas steadily increased, up by 25

Also, Texas has expanded of children who are reunited support for kinship caregivwith family. The marked ers who commit to caring for improvements demonstrated young family members and, by DFPS are the result of the as a result, more children are passion and commitment by being adopted by relatives than ever.

As National Adoption dren left Texas foster care, Month wrapped up Thanksgiving weekend, more than

But as Associate Com-The number of children missioner Blackstone said,

AUSTIN, TX- New state leaving foster care outnum- the need for permanent more foster children will

> "November is our busijoyful than an adoption at Christmas time," she said.

Learn more at Adopt-Children.org

Foster Care and Adoption Numbers				
	2019	2018	2017	2016
Children exiting foster care	20,343	19,961	18,851	18,524
Children entering foster care	18,615	20,685	19,864	19,079
Total children adopted	6,107	5,678	5,413	5,703
Adoptions by relatives	3,095	2,789	2,720	2,753
Adoptions by non-relatives	3,012	2,889	2,693	2,950

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HEALTHY LIFESTYLES

Healthy Changes for a Healthy New Year!

Julie Wright, Master Wellness Volunteer, Texas A&M AgriLife Extension Service (Family & Community Health).



DENTON COUNTY,

TX- It is Holiday Season, which means we are bombarded with treats from every angle. This can derail even the healthiest eater. But there are ways to have our cake and eat it too, without adding too much extra salt, fat, or sugar to our diets.

Whether we are trying to eat healthier or managing a chronic disease such as diabetes, the following tips should help us enjoy the holidays without having to deny ourselves the treats we are accustomed to eating this time of year.

Most of us consume more salt than we need. Some people with high blood pressure find that managing their sodium intake can help lower their pressure, which reduces the risk of kidney disease. Ideal intake for most Americans is 1 teaspoon per day. The National Kidney Foundation recommends the following:

- 1. Use fresh meats, rather than packaged meats like cold cuts, bacon, or ham.
- 2. Choose fresh fruits and veggies if possible. Most canned and frozen fruits are low in sodium.



- 3. Buy "fresh frozen" vegetables without added seasoning or sauces.
- 4. Check your Nutrition Facts Label. Sodium is always listed on food packages.
- 5. Give your self 6-8 weeks to get used to less salty tasting foods. Salt preference is an acquired taste, that can be unlearned

When cooking, you can reduce salt by using herbs and spices that do not contain added salt. Another tip is to not salt the food until it reaches the table. You can also choose to cook with salt and remove the shaker from the table. Replacing table salt with sodium free alternative seasonings can be helpful. When baking, it may be possible to reduce the amount of salt, but is usually not recommended to eliminate it entirely.

Holiday menus are often full of rich, fatty foods. Combine that with bite-sized servings, distracting conversation, and multiple special events and we can over-indulge before we realize it. There are lots of myths day recipes.

some of all three types, so we if you can. categorized them by the type ing tips will help you choose a mine field. the best fats for your diet.

- saturated fats.
- Saturated fat is usually solid at are very user friendly: room temperature and comes ample butter, lard, tallow. Co- add a few pieces of fruit for flavor). conut oil also contains a large percentage of Saturated fats.
- 3. Try to consume fatty fish the sugar in your recipes and fish oils
- 4. Try to avoid trans-fats foods have hidden sugars (found in processed foods)
- your calories from fat.

Reducing fat in recipes can be and facts about fat in our diets, so done by substituting applesauce we'll follow tips from the Arizona or other pureed fruit or veg-Extension Service for choosing etables (depending on the type healthy fats for our favorite holi- of recipe), using a leaner cut of meat (round or loin is usually There are three basic types leanest), or using a leaner type of fats: saturated, monounsat- of meat. I use turkey sausage to urated and polyunsaturated. make sausage balls with a lower The fats that occur naturally fat content. Choose lower-fat in our foods usually contain cheeses or leave the cheese off,

Sweets are a specialty for of fat that is most abundant. many holiday bakers, and Monounsaturated fats have the eaters. When you are trying best effect on our cholesterol to manage diabetes, or your because they lower our LDL weight, or just want to limit the (think L for Lousy) and raise amount of added sugar in your our HDL (H for Happy or diet, navigating the holiday tagood cholesterol). The follow- ble can be like walking through

If you are going to indulge in 1. Choose olive, canola, or holiday sweets, trying to limit vegetable oils for cooking. These sugar in your "regular" life can products are highest in monounhelp you plan for those treats. The following recommendations 2. Eat less saturated fat. come from the Mayo clinic and

- 1. Opt for low-calorie or sugar free from animal sources, for ex- drinks (or just drink water-maybe
 - 2. Use applesauce or fruit puree (unsweetened) for some of
 - 3. Read those labels! Lots of
 - 4. Use honey or agave nectar 5. Try to eat about 20-35% of instead of sugar. They are sweeter, and you will need less.
 - 5. If you choose to drink alcohol, remember that many mixers are my life," says Mary, "In my Building 1 Suite A in Auloaded with as much sugar as sodas.

Meet Mary Brown

At Tim Holland's State Farm Insurance Group



Meet Mary Brown at Tim Holland's Insurance Group in Aubrey, TX. She has worked with State Farm makes Mary so easy to get to know is she is incredibly friendly and helpful. Tim Holland struck gold when he hired Mary. Her sharpness and efficiency coupled with a get the job done kind of attitude makes for a perfect office manager.

from Arizona nine years ago and she is loving every Lone Star State. She has a close relationship with her two genius daughters, four beautiful grandchildren, and her beloved dog, Ranger who is a Havanese. "Family and friends are utmost in at 5315 US Highway 377, free time, I enjoy reading brey and say "Hello."

books, running, going to farmers markets, attending concerts, sipping on wine and creating succulent gardens." She also loves travel and adventure. One of her favorite places to visit is Canada because she has family that lives there.

Things that are endearing about Mary on a personal level is her kindness and modestly. As the office manager, you will find she is the adhesive keeping everything running flawlessly. She also assists Tim in charitable events and out of the office commu-Agents for 27 years. What nity events. Their office contributes to several local charities and recently made many area families holiday's brighter with their donations. They sent several boxes of food and toys to Polo on the Midway's food drive and more of toys and food directly to HOPE Mary moved to Texas Food and Clothing Bank. The office also adopted a local family to provide minute of living in the Christmas toys and meals for to ensure that they had a Merry Christmas.

> If you want to meet an amazing person in our community drop in anytime during business hours

'Denton County Public...' continued from front page

will help prevent respiratory viruses, including influenza, conditions such as asthma, Government Center, (972) respiratory syncytial virus neurological and neurodevelop- 434-4700, www.dentoncoun-(RSV) and rhinovirus.

that as long as flu viruses are weakened immune system are eligible for free flu vacspreading and causing illness, vaccination should continue kidney and liver disorders, and in Children's Medicaid or throughout the flu season people with extreme obesity in order to protect as many from the flu, including:

- Pregnant women and women up to two weeks postpartum
 - Children younger than five
- Adults 65 years of age and older • People living in long-term
- Alaskan Natives

care facilities

mental conditions, chronic lung ty.com/immunizations DCPH reminds residents disease, heart disease, diabetes, due to disease or medication, cines if they are enrolled

people as possible against flu. flu surveillance reports and are uninsured or have pri-Vaccinating also helps safe- additional information can be vate insurance that does guard those who are at highest found at www.dentoncounty. not cover the flu shot. risk of complications or death com/flu. Visit www.cdc.gov/ Adults are eligible for \$10 treatment, and prevention, insured. Those with private and search www.vaccinefinder. insurance will be charged org to find the vaccine in your \$40, or \$60 for the highneighborhood.

Denton: 535 S. Loop 288, qualifications or pricing, • American Indians and Suite 1003, (940) 349-2900, please call your nearest Lewisville: 190 N. Valley DCPH clinic location.

• People with chronic health Pkwy, Inside Lee Walker

Qualifications: Children CHIP. \$10 flu vaccines are Weekly Denton County available for children who flu for details about symptoms, flu vaccines if they are undose flu shot. If you have DCPH Clinic Locations: any questions about DCPH



Happy New Year to you and your family.

No matter where the day takes you, I'm here to help protect you and help you save. For your auto insurance needs and more, call or stop in today.

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Tim Holland, Agent 5315 Us Highway 377 S Aubrey, TX 76227 Bus: 940-365-9449 timhollandinsurancegroup.com



State Farm Mutual Automobile Insurance Company State Farm Indemnity Company Bloomington II

State Farm County Mutual Insurance Company of Texas, Richardson, TX





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HOME & GARDEN



TX-Hay is being transported by semi-truck and goose-neck trailer loads across the State of Texas. Hay bales are a primary roughage used to feed cattle in Texas during winter months. Texas has the largest population of cattle in the country and harvested the most acres in Hay production in the country as reported by the USDA-National Agricultural Statistics Service. Luckily for farmers and ranchers the Texas Department of Transportation issues an annual permit to authorize a vehicle to carry round hay bales, side-by-side, that come out below the maximum width of 12 feet allowed for travel. All other dimensions and

In March 2017, Governor Greg Abbott suspended permitting requirements and legal height restrictions for carriers delivering hay to Texas panhandle counties that were in a disaster declaration due to destructive wildfires. Those counties were in a shortage of hay and forage and the governor suspended the requirements to facilitate transportation.

weight must be legal

according to state laws.

The standard width permitted under law is 102 inches or 8.5 feet without a wide load



permit. Most hay balers produce a bale that is between 46 inches and 61 inches in width. This would allow these bales to travel down the highway in a side-by-side fashion in the State of Texas. Most haulers stack bales side by side all the way down the length of the trailer and add a another row on top depending on weight and the size of the trailer. For travel out of the state, a permit must be acquired from the state in question.

The Texas permit can be acquired via phone with an operator at the Texas Department of Motor Vehicles (DMV). Their number is 1.800.299.1700. Press "2" on the main menu, "1" on the sub-menu and "2" on the next sub-menu. Call center hours for the DMV are 7 a.m. to 4:30 p.m., Monday thru Friday.

If you are interested in more agriculture transportation laws and regulations, come out to our February program presented by Staff Sergeant Mark Tackett with the Texas Highway Patrol, sponsored by American National Insurance. This program will give a broad overview of Texas highway laws pertaining to the agriculture industry. More information can be found on the Denton County Texas A&M AgriLife Extension website https://denton.agrilife.org/ agriculture-natural-resources/ in the coming weeks.

Sources: "A Texas Guide to Farm Vehicle Compliance" https://www.dps.texas.gov/ internetforms/Forms/CVE-13.pdf

Transporting Hay in Texas Cross Roads Resident to Judge Terrier Group and Denton Resident to Judge Toy Group at 144th Annual Westmiriter Kennel Club Dog Show



at the 144th Annual Westminster Kennel Club Dog Show in New York City on February 9 -11, 2020. Kenney will officiate over the Terrier Group during the evening competition held at Madison Square Garden on Tuesday night. Cozart will officiate over the Toy Group during Monday night. The three-day, of Westminster Week, will feature daytime judging at Pier 94 in Manhattan.

owned, and showed a number of other breeds, including German Shepherd Dogs, Wirehaired Dachshunds, Lakeland Terriers, Norwich Terriers, linois, Boxers, and Bulldogs.

An American Kennel Club approved to judge all Sporting, Working, Terrier, Toy, groups, several Hounds breeds, Junior Showmanship, and Best in Show. He has judged extensively throughout the United da, Italy, Philippines, Jamaica, at Westminster on Pier 94. Trinidad, Brazil, Columbia, ously judged the Westminster Pro Plan[®]. Working Group in 2005 and



New York, NY- Cross the world of purebred dogs for Roads, Texas resident, Nor- more than 50 years. A family afman B. Kenney, and Denton, fair from the beginning, Cozart, Texas resident, Doris Cozart, her husband Gene, and children are among seven group judges attended dogs shows together. She has bred and exhibited Poodles, primarily the Toy variety but also Standards. Cozart's breeding program — under the Cotian Kennel prefix — has produced multiple Best in Show Poodles, top producers, and numerous AKC champions.

Cozart has served as president the evening competition held of the Poodle Club of America at Madison Square Garden on and president of the Dallas/ Fort Worth Judges Group. all-breed dog show, a highlight In 1990, she became an AKC licensed judge and is approved to judge the Working, Toy, and Non-Sporting groups, both va-Kenney has been involved in rieties of Manchester Terriers, the sport of purebred dogs for Junior Showmanship, and Best more than 50 years since 1967. in Show. She has judged in Fin-His initial breed was Dober- land, Italy, Slovenia, Canada, man Pinschers. He later bred, Philippines, Australia, Norway, South Africa, Korea, Brazil, China, Thailand, and Taiwan. This is her fourth Westminster judging assignment.

All daytime preliminary breed Wire Fox Terriers, Belgian Ma- and junior showmanship judging, and the Masters Obedience Championship at Westminster judge for 40 years, Kenney is competitions will be held at Pier judging will be held at Madison Square Garden in the evening. The dog show is preceded on Saturday, Feb. 8, by the 7th Annual States, Japan, Australia, Cana- Masters Agility Championship

All Westminster Week and Argentina. Kenney previ- events are presented by Purina

For the full Westminster 2016. This is his ninth judging Week schedule and ticket in- women of the Denton County and double your impact, assignment at the Westminster. formation, visit www.westmin- Veterans Coalition understand visit www.unitedwaydenton. Cozart has been involved in sterkennelclub.org

City of Denton Issues \$40K Challenge Grant to UWDC for Housing **Stability**

Public Asked to Donate and Double their Impact with Matching Grant to Denton County Homelessness Barriers Fund

The City of Denton has issued a challenge to United Way of Denton County and the Denton County community as part of the continuing effort to make homelessness rare, brief and nonrecurring with a \$40,000 matching grant to the Denton County

Homelessness Barriers Fund.
Launched in 2018 by the Denton County Homelessness Leadership Team with direction from United Way of Denton County, the Barriers Fund is an innovative, collaborative fund of last resort that strengthens nonprofits working with families and individuals across Denton County to promote housing stability and self-sufficiency.

A close up of a signDescription automatically generatedLocal nonprofit agencies working to alleviate homelessness can submit applications on behalf of clients experiencing homelessness or on the brink of crisis. Funds can be used for expenses like fixing a car tire or covering a housing application fee, security deposit, and first month's rent. To date, just \$24,735 in funds have averted homelessness for 72 households in Denton County.

Agencies like Salvation Army Denton, Salvation Army Lewisville, Giving Hope, Our Daily Bread, Denton County Friends of the Family, and Grace Like Rain may apply for Barriers Fund funding through United Way of Denton County after all other existing federal, state, and local resources have been exhausted. But the Barriers Fund isn't always an option.

'Unfortunately, the Fund has been forced to close four times due to lack of funding, and then, agencies have to turn away people in need," said Courtney Cross, Director of Mental Health and Housing Initiatives for United Way of Denton County. "That's why this funding provided by the City of Denton and the public is so critical."

Emergency Solutions Grant funding from the Texas Department of Housing and Community Affairs for the Denton County community dropped from \$600,000 in 2018 to \$150,000 in 2019, making the need for alternative resources to support families in crisis that much more significant. In a year, approximately 1,200 people experience homelessness in Denton County, with thousands more living paycheck to paycheck — one unexpected expense away from crisis.

The data shows the best way to help homelessness is to prevent it, and the Barriers Fund is an effective tool to keep at-risk persons from experiencing homelessness," said Denton Mayor Chris Watts. "We're not just working to solve a problem; we're working to

help people."
The City of Denton presented their funds as a challenge grant to encourage the public to join the effort to keep families housed with a donation that will be matched dollar for dollar up to \$40,000. Donations can be made at www.UnitedWayDenton.org/ barriers-fund. To date, \$14,525 has been donated towards the match, 36% to the goal.

Solving complex problems like homelessness and housing insecurity re-quires a diverse set of solutions. To learn more about the collaborative work being done and to make a donation to the Denton County Homelessness Barriers Fund, visit www.UnitedWayDenton. org/homelessness.

'Veterans Coalition...' continued from front page

novative, collaborative fund of housing to prevent or resolve homelessness or on the brink of ton County." crisis. Funds can be used for expenses like fixing a car tire or contributed to the Denton covering a housing application County Homelessness Barrifee, security deposit, and first ers Fund toward the \$40,000

the need to remove barriers to org/barriersfund.

last resort that strengthens non- homelessness for Veterans profits working with families and others in our comand individuals across Denton munity," said Gary Hen-County to promote housing derson, President & CEO 94 on the West Side of Manhat- stability and self-sufficiency. of United Way of Denton tan. The Group, Best in Show Local nonprofit agencies work- County. "We are thrilled to Non-Sporting, and Herding and Junior Showmanship Finals ing to alleviate homelessness have their support to make can submit applications on homelessness rare, brief, behalf of clients experiencing and nonrecurring in Den-

To date, \$17,630 has been match from the City of Den "The amazing men and ton. To make a donation









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EDUCATION

Seven New Year Resolutions for Parents and Kids Zach Davis



DENTON, TX – Normally I contribute to the newspaper current agriculture information or update the community on our 4-H program and how our members are doing. In the spirit of the New Year this week I decided to list a few things parents and kids can do to be healthier and happier in 2020.

1. Have a family night

It's only one evening a week! Everybody can put their phones and other devices down and do a puzzle, make a meal together or play a physically active game. As a parent, my mindset is "everything goes" for snacks. Enjoy some candy and have fun! We usually finish this night off with a classic movie and some popcorn.

2. Eat one meal healthier

The past year my lunch has usually included a hamburger and french-fries. For 2020 I plan to work on improving my lunch choices. My body is in pretty good shape, I don't have a resounding health issue for this resolution, but if I can get in a rhythm to do one meal better I will be even healthier in 2020.

3. Put the focus on you, not

It's hard to do sometimes, not comparing to others. Watching to see how many "likes" a person gets on a social media post compared to yours. Social media is awesome for displaying a lot of great things people are doing and I enjoy seeing it, but sometimes it doesn't show a whole picture of someone's life. It's just the snap shots! Don't compare yourself to those snap shots. Be You!

4. Learn a new skill

I am currently reading a book about a CEO of a Fortune 500 Company who decided to learn Mandarin so he could communicate directly during a single

presentation. As the leader of this company he has plenty of resources to have someone handle this, but he took the challenge. It feels great to find a challenge and conquer it! Find your challenge for 2020.

5. "Outside... Outside, everybody outside"

As my son's tv show says, Its time for everybody to go outside. If you are a secluded introvert like me, don't worry, I'm not talking about a three-day camping trip with your extended family! Spend an hour or two doing some chores and having some fun, build a campfire, roast marshmallows, and jump on a trampoline. Get that vitamin D.

6. Take Care Yourself

Go get that checkup you've been putting off. A lot of times your mind can talk you into thinking things are going to be worse than they actually are. Get your smile right at the dentist. Get your hair right at the barber shop. Shine those shoes. As one nfl player put it. "If you look good, you feel good!"

7. Let Go of Something

If you're like me there's always a habit that needs to go, or maybe a bad investment that needs to come to closure. Maybe it's just unsubscribing from 20 emails that you delete every day. Who knows? I'm sure you do. Whatever was weighing you down and holding you back in 2019 just let that thing go in 2020!



The results of the 2019 Denton County Food Challenge are as follows:

Junior Division: 1st Place Baking Buddies (Riley) McBride, Coriana Cooksey, Keeley Blocker, and Grace McGraw)

2nd Place - Flavor Doctors (Scott Avenshine, Avery Auvenshine, Rachael Talley, and Camryn Green)

3rd Place - Cooking Queens (Lillian Gann, Alessandra Bosquez, and Madison Rew)

4th Place - Dancing Chefs (Daniela Anaya, Annabelle Murray, Sophia McMahon, and Presley Clark)

Intermediate Division: 1st Place - Cooks of the Cauldron (Cade Scott, Daniel Paradise, and Audrey Smith)

2nd Place - Skillet Sensation (Sierra McCarty, Emma Rew, and Jill Crump)

3rd Place - Sanger Sassy Chefs (Hayla Howland, Lily Boydstun, and Emma Finely)

4th Place - Shooting

Stars (Tori Jackson, Violet own dish using the 40 min-Daphne Dodson)

'Denton County 4-H...' continued from front page

(Grace Real, Angel Stewart, from the pantry. Bryce Borchardt, and Haley After the preparation

and Emma Rooney)

and nutrition project related lines, as well as general to form teams of three-four ditionally, they discussed participants. Teams were how they prepared their ticipants follow food safety the team must be involved guidelines by doing things in the presentation. such as wearing aprons and The creative and competihairnets, as well as sanitiz- tive environment of Food ing their workspace. Each Challenge allows youth to team brings their supply learn life skills including box to cook with. The time management, comsupply boxes must contain munication, only what is listed by Texas budgeting, and healthy 4-H as equipment eligible meal planning. It is an event for the contest.

team was given a category cess, not sitting in a lecture. for their dish. The four cat- Food Challenge is one of egory options were: Main 4-H's most popular contest Dish, Fruits and Vegetables, for boys and girls. Bread and Cereal and Nutrito the team to make their lines.pdf

McNulty, Lalah Brewer, and utes allotted to each group. Each team was given \$5.00 Senior Division: 1st Place of "contest currency" to use Denton County Cooks to purchase needed items

and cooking time, the 2nd Place - Whisking team gave a five minute Wizards (Jacob Mayfield, presentation to volunteer Erik Dieterich, Lila Griffith, judges. Team presentations focused on knowledge of Food Challenge is a food MyPlate dietary guidecontest that allows members nutrition and health. Adcreative with their team dish and what the focus of names and matching attire their team was during the during the contest. Par- process. Each member of

teamwork, where youth are active and During the contest each engaged in the learning pro-

Sources:"Texas tious Snacks. Participants Food Challenge Rules and were then given a key in- Guidelines" http://texas4-h. gredient and had access to tamu.edu/wp-content/uppantry items, but they were loads/roundup_food_chalnot given a recipe. It was up lenge_2020_rules_guide-

Aubrey FFA Senior Quiz Team Placed Second Amy Ruggini



AUBREY ISD, TX- For the second year in a row, the Aubrey FFA senior quiz team placed second in the Area 5 Leadership Development Contest and advanced to the state competition. Heather Hough, Sydney Blankenship, Maddy Hill and Grant Beaty were part of the senor quiz team at the area competition.

Aubrey High School Band Named to the Association of Texas Small School Bands Amy Ruggini



Megan Wright

Thirteen Aubrey High School band members were named to the Association of Texas Small School Bands All-Region Band. Five Chaparrals advanced to the ATSSA area audition.

This group of students were selected through a rigorous process of playing scales and etudes. They will participate in an upcoming region band Concert Band. Lucas Copeclinic and concert

Rachel Black, Ashlynn Reynolds and Aaron Cajilema qualified for area and will audition for an opportunity to earn a spot in the all-state band.

*Erin Lim, Flute, 5th Chair Symphonic Band. Kaegan Reynolds, Flute, 8th Chair Concert Band. Joy Pesebre, Clarinet, 4th Chair Concert Band. *Megan Wright, Bass Clarinet, 3rd Chair Symphonic Band. Josue Lopez, Bass Clarinet, 1st Chair Concert Band. *Rachel Black, Alto Saxophone, 1st Chair Symphonic Band. *Ashlynn Reynolds, Trombone, 2nd Chair Concert Band. Dylan Boatwright, Euphonium, 4th Chair Concert Band. *Aaron Cajilema, Tuba, 2nd Chair Symphonic Band. Ellee Basham, Percussion, 1st Chair land, Percussion, 2nd Chair Erin Lim, Megan Wright, Concert Band. Charlie Cole, Percussion, 4th Chair Concert Band. Xander Rouk, Percussion, 5th Chair Concert Band



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COMMUNITY

Downtown Restaurant Association Holds Fundraiser to Pay Off School Lunch Balances Photos By Denton ISD





and local restaurant owners, thousands of Dentonites lined Benefits. "We cannot thank the John Williams (Oak Street) the closed Oakland Street near organizers of this event enough and Corey Bobbitt (Komodo the square to sample macaroni because their generous dona-Loco), created a one-day fes- and cheese prepared by 26 local tion goes a long way towards concern over students not be- The event raised more than mind, they often need to focus lunch balances.

Recently, year two of the balances across the district. Denton Mac and Cheese Fes-AccessBank Texas. The event tive balances and it is important Off the Square, third place. benefitted the Denton ISD to know that our children are Tickets to the event sold out less of their lunch account bal- Loco, Caskey's Bar & Grill, within 24 hours.





clear delinquent student lunch they are at school."

ance," says Chris Bomberger, Riprocks Bar & Grill, Mul-





Special thanks to partici-





Two Denton ISD graduates on Sunday, November 3rd, as tor of Child Nutrition and Bank Texas, Guaranty Bank & Trust, Sweetwater Grill, Mellow Mushroom, East Side, Juicy Pig Barbecue, 940's Kitchen, The Loophole, Local tival in 2018 to address the restaurants and organizations. giving students the peace of Pint, The Chestnut Tree, Ten: One Artisan Cheese, Queenie's ing able to pay off their school \$8,100 with proceeds used to on their classwork daily when Steakhouse, 2 Charlies, Ar-"Our hard-working Child winners included Po-K Loco, Bearded Monk, Andy's, Pastival was held with the help Nutrition staff works diligently first place; The Bearded Monk, chall's, Angeline's, Hannah's of district signature sponsor, with families to reconcile nega- second place; and Hannah's Off the Square, Po-K Loco, and Golden Boy Coffee.

If you or your organization Child Nutrition Department. always provided a meal regard-pants that included: Komodo are interested in paying off the grown and out of the home. overdue lunch balances for students in need, click here http:// This year's event took place Denton ISD Executive Direcberry Street Cantina, Access-bit.ly/LunchBalanceDonation.

Nine Reasons Why Stayat-Home Parents Need Life Insurance



case something were to happen. charitable gift. But it's not just breadwinners who reasons why.

annual salary to their household. If not repaid. the unthinkable were to happen, a 7. To guarantee insurability. Your of your mortgage or the kids are fordable today vs. tomorrow.

stay-at-home parents return to ally income-tax free. the workforce once their kids are 9. To give loved ones peace of to the household.

student loans to credit card debt As you can see, life insurance loved ones.

want to honor a loved one's memory, but have trouble finding the funds to cover all the costs. Fortunately, the payout from a life insurance policy can help cover final wishes.

5. To leave a legacy. If a stay-at-You're probably already aware home spouse has a passion for a place that a parent with a job outside the of worship, an alma mater, or other house most likely needs life insur- nonprofit organization, life insurance ance to protect their loved ones in can be used to leave a meaningful

6. To boost savings. Whole Life coverage—stay-at-home Insurance which offers lifelong parents do, too. Here are nine protection as long as you pay your premiums, may offer additional living 1. To replace the value of their benefits such as the ability to build labor. Stay-at-home parents are cash value. This can be used in the caretakers, tutors, cooks, house- future for any purpose you wish, from keepers, chauffeurs, and so much making a down payment on a house more, 365 days a year. And all that to paying for college tuition. Keep work comes with a price tag. That in mind, though, that withdrawing stay-at-home-parent contributes or borrowing funds will reduce your the equivalent of about \$162,581 in policy's cash value and death benefit if

surviving partner would be on the health can change in an instant. hook for a slew of new expenses Getting a permanent life insurmadillo Ale Works, Denton that the stay-at-home parent ance policy when you're young and Mac and Cheese Festival Co. Brewing Company, The previously shouldered. Term Life healthy means you'll have lifelong Insurance is generally a quick and coverage. Then you won't have to affordable way to get a substantial worry if later on you develop a health amount of coverage like this for a condition that would make it hard or specific period of time, such as 10 even impossible to get life insurance. or 20 years—often until you pay Remember, life insurance is more af-

> 8. To receive tax-free benefits. Life 2. To factor in the contribu- insurance is one of the few ways to tions of any future income. Many leave loved ones money that is gener-

> older. Life insurance could help mind. Losing a parent and partner bebridge the gap that their future fore their time is already hard enough earnings would have contributed without having to worry about unsettled debts, childcare costs, funeral 3. To pay off any debt. From bills, and other expenses.

pleted in November 2019, ing for the new runway, landings each year. With to an informal loan from a family for stay-at-home parents is just as member, there are lots of ways to important as it is for parents who owe money. Life insurance can work outside the home. Call or help settle any debts left behind so visit my office to schedule a time they don't create stress for grieving to talk, to learn about your options and get coverage that fits your life-4. To cover funeral expenses. style and budget.

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'Denton Enterprise...' continued from front page



ciency and reduce operating delays," said Airport Manager Scott Gray.

Construction of the west parallel runway began in

million project was com- mer. In addition to light- 140,000 takeoffs

Federal Administration and Texas Department of runways. Transportation (TxDOT) lighting project is scheduled port is the eighth busiest port's new website at www.

(FAA) full-service,

to begin in spring 2020 and airport in the State of Texas, dentonairport.com.

November 2018. The \$6.3 be completed in the sum-facilitating approximately with Mayor Chris Watts signage will be replaced on an annual economic imaboard for the first takeoff the existing runway. After pact of nearly \$156.3 milthe project, Denton Enter- lion, the Airport is poised Aviation prise Airport will have two for continued growth and all-weather development.

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Aubrey, TX 76227 972-841-3331 http://www.cowbovchurchofcoopercreek.org/ Cross Fellowship Church Meets at Savannah Elementary 1101 Cotton Exchange Dr Aubrey, TX 76227 www.crossfellowship380.com CrossRidge Church

1701 Walker Lane (Across From Little Elm High School) www.crossridgeonline.org 972-292-1953 First Rock Fellowship 201 N. Cherry Street, Aubrey www.firstrockfellowship.org

First Baptist of Krugerville Hwy. 377 South, Krugerville www.Fbckrugerville.com Green Valley Baptist Church Living Word Baptist Church 2315 FM 720 West

(469) 362-9010 www.livingwordbaptist.net Midway Baptist Church Hwv. 377 North of Aubrey

www.midwaychurch.org Mustang Baptist Church Corner of I-385 & Mustang Rd. in Aubrey New Hope Baptist Church www.newhopeaubrev.com

Prestonwood Baptist Church 1001 West Prosper Trail, Prosper, TX 972-798-6700 Providence Village Church Providence Elementary

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Prosper, TX 75078 469-287-7624 www.saintmartindp.org St. Thomas Aquinas Catholic Church 925 N. Charcut St., Pilot Point, TX 76258

www.stthomaspilotpoint.org
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First Christian Church

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www.fccdenton.org
Grace Christian Church Baker Elementary School Prosper ISD (Heatherwood Subdivision)

Aubrey Church of Christ 910 S. Hwy. 377 Lake Dallas Church of Christ 504 Carlisle Dr. Lake Dallas, TX 75065

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Aubrey First United Methodist 113 West Plum, Aubrey www.aubreyfumc.com 760-518-6732

Bethel Methodist Church of Denton County Church of Celebration Metro 3126 FM 2931, Aubrey Texas 409-543-8444

Button Memorial United Methodist Church 101 W. Eldorado Pkwy., Little Elm, TX. 75068 www.bmumc.org, 972-292-1465 Cross Way United Methodist 14632 Fishtrap Road, Aubrey, Texas 76227 www.crosswayumc.org
First United Methodist Church 217 S. Church St. Pilot Point, TX 76258 (940) 686-2338

Harvest Bible Fellowship, CMC 3121 FM 2931 church.netministries.org/ch30630 New Leaf Church at Children's Lighthouse

3100 Woodlake Pkwy, Little Elm, Texas 972 325-8939, www.newleafnow.org Oak Grove United Methodist 4725 FM 720 W. (940) 365- 3027 www.oakgroveunitedmethodist.org Prosper United Methodist Church

www.prosperumc.org, 972-347-2372 Mormon Church of Jesus Christ of Latter Day Saints 8801 Martop Road, Aubrey Texas 76227

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469.238.1000 **Grace Village Community Church** 5325-B Highway 377

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940-453-3953 www.savannahlifechurch.com Unity Spiritual Center of Denton 6071 New Hope Road Krugerville, TX 76227 214-453-0218

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Oak Grove United Methodist Church





These words are found on the bronze plaque fronting a picturesque church country Organized in FM720. 1880, the Oak Grove United Methodist Church was the first church in the area. More than a century and a quarter later, this church still is going

The first Oak Grove services were held outdoors under an arbor on a parcel of land donated by Reverend William Bates, a retired circuit rider and minister. At the same time

plans were being made for a permanent structure. Local men hauled in lumber from east Texas sawmills. Congregants and friends provided the resources and labor. The structure went up. Indoor services began in 1881 and, with few interruptions, Sunday services continue to this day.

Many attendees feel that Oak Grove is more than just a spiritual focal point. Over the years the Oak Grove campus has added a playground, donated by a member as a memorial to a loved one. Additional buildings have been added, which now serve Bible study groups, Sunday Schools, home schoolers, and Girls Scout and Boy Scout meetings. Behind the campus sits the Oak Grove Cemetery, final resting place for many of Oak Grove's members.

Pastor Don Kirsch believes that the location of the church reflects the community's rural roots, and that the modest size provides an intimacy among the congregation that fosters friendship and mutual support. The mission of the church is to facilitate the connection between the individual and God. How better to do that than to offer God's house not just as a place of worship but also a gathering place for the community? A place where the Pastor knows every parishioner and every parishioner knows the Pastor. A place where joys and sorrows can be shared and where one feels at home



baptized, married, or sharing the monthly potluck lunch. Pastor Don calls this Soul Care, and feels that this church serves its congregation well.

The congregation appreciates the church's history. The November Potluck lunch featured a Victorian fashion show to honor the church's past. The fashion show organizers hoped the November event would get church members into the 'dress up' mood for December's Victorian Christmas Eve service, the attendees were encouraged to join the choir and other members in wearing period attire. The old FM720 two-lane road has now been replaced by a busy divided thoroughfare. The church's original dirt parking lot has been paved. But the namesake grove of oaks still provides a welcoming backdrop for this vibrant little church and for community events, such as pet vaccinations and bake sales. The church is conveniently located just a quarter mile south of 380. Sunday service starts at 10 am and all are welcome. Allow time to read the entire bronze plaque - it contains colorful local history. One member pointed out that the plaque is dated 1973. If it were done today, he remarked, it would say that this church has served

SEVEN generations.

Adopt-A-Nest Box at Hagerman National Wildlife Refuge Center

Nest boxes are available now through January 31, 2020 or while supplies last.



Eastern Bluebirds make their homes in Texas during certain times of the year. There populations have been steadily declining over the years. You can help the plight of the Eastern Bluebird while learning all about their nesting habits! For a small donation to The Friends of the Hagerman, your adopted nest box will have your name on it and you'll receive an email every week with a picture of the inside and an explanation of everything happening in the nest box. This not only helps out nature but makes a great

Christmas gift, especially for children.

For more information call (903)786-2826 between the hours of 9:00 a.m. and 4:00 p.m. Monday through Saturday or 1:00 and 5:00 p.m. on Sunday.

For more information about this and other events, please email: Friendsofhagerman@gmail.com. or call Patricia Crain (940) 391-5135. All events are sponsored by the Friends of Hagerman and occur at the Hagerman National Wildlife Refuge Visitor Center. located at 6465 Refuge Road, Sherman, TX 75092.

'Town Council...' continued from front page

improved access to Stuber Elementary School as well as the proposed middle school scheduled to be constructed in that general vicinity in the near future.

not only outlines the specific responsibilities for overseeing the work, but also how the construction will be financed. It was passed unanimously by the Town Council, and addresses the pledge made by the expanded, and a traffic signal Council to focus on the growing need for street improve-

ments on the Town's west side. Three of the four segments will begin construction next August of next year as well. month and are expected to be year. The construction will convert the section of Fishtrap Road from Teel Parkway to the middle school into a four-lane thoroughfare with design, will extend the west side.

into four segments, providing four-lane thoroughfare past Stuber Elementary. That segment is expected to go to construction in 2021 for a completion by August 2021. While Stuber Elementary is already open, the school dis-The interlocal agreement trict is expected to open the middle school, its third, in the fall of 2020. Cost of the entire project is \$6.2 million.

> In addition to this project, the intersection of Fishtap Road and Teel Parkway will be will be installed at a cost of approximately \$1.6 million. The expansion of the intersection is estimated to be completed by

Further, the Town Council completed by August of next has approved the expenditure of \$900 thousand to start the design work on expanding Fishtrap Road to four lanes from Stuber Elementary to the Dallas North Tollway, all with turn lanes. The remaining an eye toward planning for the segment, currently under expected growth of the Town's

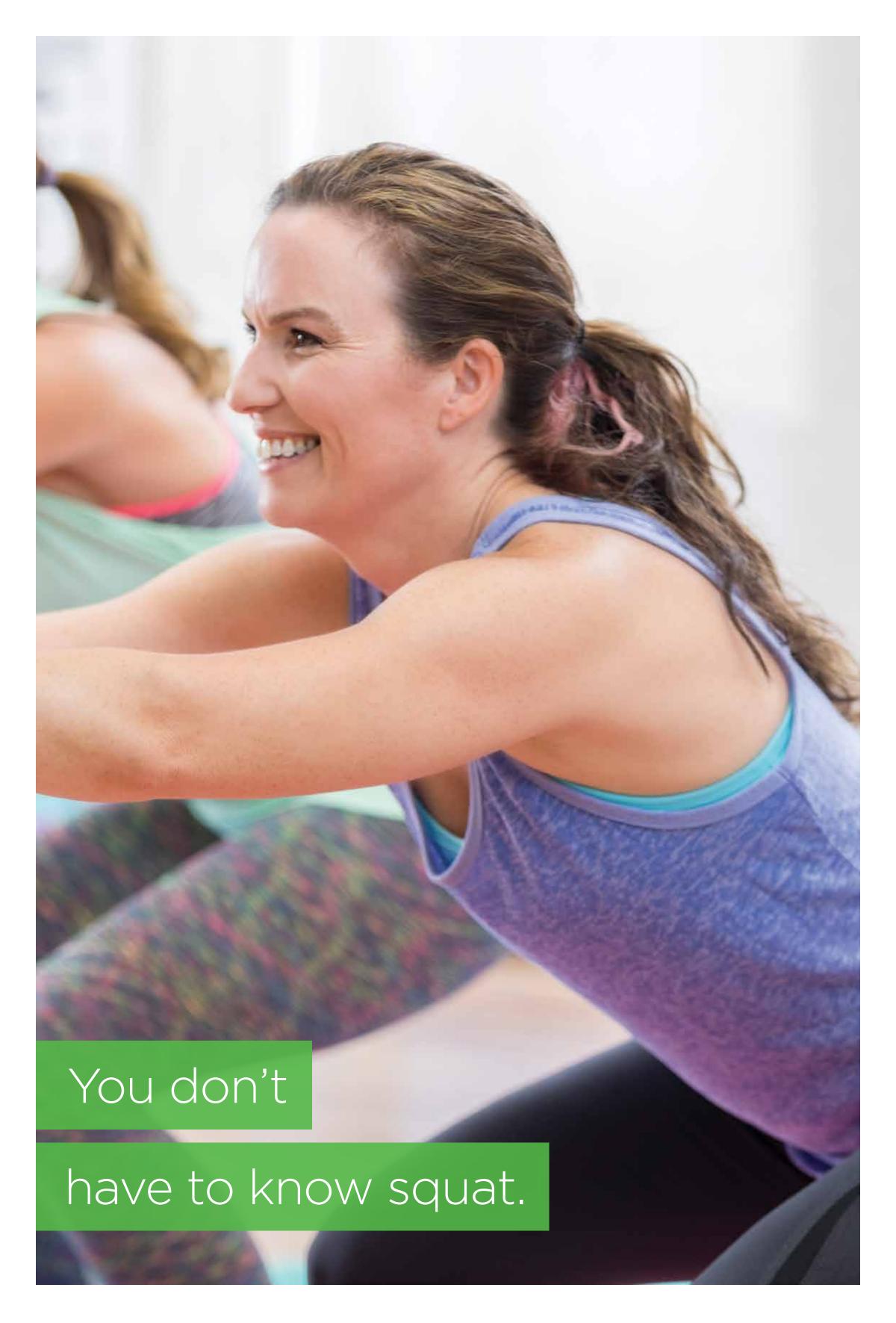






2020 is here! Another year, a new decade is before us, we can only Thank God, for His Watch-care, His Protection, and His Love for us all! Feel free to join us for worship, on Saturdays, at 10:00am for small groups, or 11:10am for worship! From Pastor & Mrs. Derek Lazarus and our DFSDA family, we wish you all a Blessed 2020! Let's get ready, Jesus is coming soon!

> **Denton First Seventh Day Adventist Church** 11010 Hwy 377, Pilot Point TX 76258 Cell: 940 484 4889



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